Who Should I Refer for Mental Health Services?
Any Student Who You Believe May Need Extra Support

Consider the following concerns:

- Depression/ Irritability
- Anxiety
- Oppositional behavior
- Poor peer relationships
- Withdrawal/Isolation from others
- Tendencies to harm self or others
- Family and/or community violence
- Academic and/or attendance problems
- Significant change in behavior or functioning
- Bereavement and loss
- Abuse and neglect
- Exposure to substance abuse
- Homelessness
- Family stress
- Bullying
- School refusal
- Low self-esteem